##

**PELICAN REEF CATERERS**

**1260 FLATBUSH AVE**

**BKLYN N.Y** **11226**

**917**-**966-9800**

**Email pelicanreefcaterers@gmail.com**

 **NOVEMBER *2020 BREAKFAST MENU***

***(Menu are subject to change due*** to availability of item.comparable substitution will be made)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **Week****2-6** | **½ bagel****½ cup bannas****4-6 oz 1 % milk** | **¾ cup oatmeal****½ cup apple****4-6 oz 1% milk** | **½ English muffin****½ cup bannas****4-6 oz 1% milk** | **1 boil egg****½ sl w w bread****½ cuporange****4-6 oz 1 % milk** | **¾ cup cornflake****½ cup bannas 4-6 oz 1 % milk** |  |
| **Week** **9-13**  | **¾ cup crispyrice****½ cup bannas****4-6 oz 1% milk** | **¾ cup oatmeal****½ cup apple****4-6 oz 1% milk** | **1 sl wafer****½ cup orange****4-6 oz 1% milk** | **1 sl English muffin****½ cup pineapple****4-6 oz 1% milk** | **¾ cup toastedoat****½cup bannas 4-6 oz 1 % milk** | If you need sub any meal let us know in advance. Thank you |
| **Week 16-20** | **¾ cup corn flake****½ cup bannas****6-8oz 1% milk** | **1sl pancake****1/2 cup bannas****4-6 oz 1% milk** | **¾ cup toasted oat****1/2 cup pineapple** **4-6 oz 1% Milk** | **1 boil egg****3 wheatcrackers****1/2 cup bannas****4-6oz 1% milk** | **3/4cup crisprice****1/2 cup orange****4-6oz 1% milk** |  |
| **Week 23-27** | **¾ cup toasted oat** **½ cup bannas****4-6oz 1%milk** | **¾ cup Oat meal****½ cup apple****4-6oa1%milk** | **½ bran muffin****1/2 cup bannas****4-6oz 1% milk** | **HAPPY THANKGIVING****STAY SAFE** | 3/4 cup branflake½ cup p-apple4-6 oz 1%mill |  |
| **WEEK 30** | **¾ CUP TOASTED OATS****½ cup bannas****4-6 oz 1% milk** |  |  |  |  | ***20 DAYS BREAKFAST*** |