## 

**PELICAN REEF CATERERS**

**1260 FLATBUSH AVE**

**BKLYN N.Y** **11226**

**917**-**966-9800**

**Email pelicanreefcaterers@gmail.com**

**DECEMBER *2019 BREAKFAST MENU***

***(Menu are subject to change due*** to availability of item.comparable substitution will be made)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | | MONDAY | TUESDAY | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **Week**  **02-06** | | 3/4 cup oatmeal  ½ cup bannas  4-6 oz1 % milk | ½ bran muffin  ½ cup bannas  4-6 oz 1 %milk | ½ sl English muffin  ½ cup orange  4-6 oz 1 % milk | **1 scamble egg 3 w w crackers**  **½ cup apple**  **4-6 oz 1 % milk** | **¾ cup cornflake**  **1/2 cup pineapple**  **4-6oz1%milk** | Enjoy your weekend |
| **Week 09\*13** | | **3/4cup oatmeal**  **½ cup bannas**  **4-6oz1%milk** | **1 boil egg ½ sl w w bread**  **½ cup apple**  **4-6 oz 1% milk** | **½ sl bran muffin**  **1/2 cup bannas**  **4-6 oz 1% milk** | **1sl pancake**  **1/2 cup pears**  **4-6 oz 1% milk** | **3/4cup crispyrice**  **1/2cup bannas**  **6-8 oz 1% milk** | If you need sub any meal let us know in advance. Thank you |
| **Week 16\*20** | | ¾ cup oatmeal  ½ cup bannas  4-6 oz 1 % milk | 1 sl waffer  1/2 cup bannas  4-6 oz 1% milk | **1 scamble egg**  **½ sl w w bread**  **1/2 cup apple**  **4-6 oz 1% Milk** | **1 sl english muffin**  **1/2 cup bannas**  **4-6oz 1% milk** | **3/4cup crisprice**  **1/2 cup orange**  **4-6oz 1% milk** |  |
| **Week 23\*27** | | **¾ cup branflake**  **½ cup bannas**  **4-6oz 1%milk** | **¾ cup oatmeal**  **½ cup apple**  **4-6oa1%milk** | **HAPPY HOLIDAYTO YOU AND YOUR FAMILY** | **½ slicebagel**  **½ cuppeaches**  **4-6oz 15 milk** | ¾ cup crispyrice  ½ cup bannas  4-6 oz 1%milk |  |
| **WEEK 30\*31** | 1 sl waffer  ½ cup apple  4-6 oz 1% milk | | **¾ cup oatmeal**  **½ cup bannas**  **4-6oz1% milk** |  |  |  | ***21 DAYS BREAKFAST*** |