##

**PELICAN REEF CATERERS**

**1260 FLATBUSH AVE**

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 **October *2020 BREAKFAST MENU***

***(Menu are subject to change due*** to availability of item.comparable substitution will be made)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **Week****1-2** |  |  |  | **1 sl pancake****½ cup bannas****4-6 oz 1%milk** | **3 bx -crispy rice****½ cup apple****½ cupapple** |  |
| **Week** **05- 09**  | **¾ cup oatmeal****½ cup bannas****4-6 oz 1%milk** | **¾ cup cornflake****½ cup orange****4-6 oz 1% milk** | **1 boil egg****3 w w crackers****½ cup bannas****4-6 oz 1% milk** | **1 sl wafer****½ cup apple****4-6 oz 1% milk** | **¾ cup crispyrice****½ cup bannas****4-6 oz 1% milk** | If you need sub any meal let us know in advance. Thank you |
| **Week 12-17** | **¾ cup corn flake****½ cup bannas****6-8oz 1% milk** | **1sl pancake****1/2 cup bannas****4-6 oz 1% milk** | **¾ cup oatmeal****1/2 cup pineapple** **4-6 oz 1% Milk** | **1 boil egg****3 wheatcrackers****1/2 cup bannas****4-6oz 1% milk** | **3/4cup oastedoat****1/2 cup orange****4-6oz 1% milk** |  |
| **Week 19-23** | **¾ cup toasted oat** **½ cup bannas****4-6oz 1%milk** | **¾ cup branflake****½ cup apple****4-6oa1%milk** | **½ bran muffin****1/2 cup bannas****4-6oz 1% milk** | **¾ cup oatmeal****½ cuppeaches****4-6oz 15 milk** | ***3/4 cup branflake******½ cup p-apple******4-6 oz 1%mill*** |  |
| **WEEK 26- 30** | **¾ CUP TOASTED OATS****½ cup orange****4-6 oz 1% milk** | **1 sl wafer****½ cup bannas****4-6oz 1% milk** | **1 scamble egg****3 wheat crackers****½ cup appleslice****4-6 oz 1%milk** | **1 sl pancake****½ bannas****4-6 oz 1% milk** | **¾ cupcrispyrice****½ bannas****4-6oz1%milk** |  ***21 DAYS BREAKFAST*** |