## 

**PELICAN REEF CATERERS**

**1260 FLATBUSH AVE**

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**October *2020 BREAKFAST MENU***

***(Menu are subject to change due*** to availability of item.comparable substitution will be made)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | | MONDAY | TUESDAY | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **Week**  **1-2** | |  |  |  | **1 sl pancake**  **½ cup bannas**  **4-6 oz 1%milk** | **3 bx -crispy rice**  **½ cup apple**  **½ cupapple** |  |
| **Week**  **05- 09** | | **¾ cup oatmeal**  **½ cup bannas**  **4-6 oz 1%milk** | **¾ cup cornflake**  **½ cup orange**  **4-6 oz 1% milk** | **1 boil egg**  **3 w w crackers**  **½ cup bannas**  **4-6 oz 1% milk** | **1 sl wafer**  **½ cup apple**  **4-6 oz 1% milk** | **¾ cup crispyrice**  **½ cup bannas**  **4-6 oz 1% milk** | If you need sub any meal let us know in advance. Thank you |
| **Week 12-17** | | **¾ cup corn flake**  **½ cup bannas**  **6-8oz 1% milk** | **1sl pancake**  **1/2 cup bannas**  **4-6 oz 1% milk** | **¾ cup oatmeal**  **1/2 cup pineapple**  **4-6 oz 1% Milk** | **1 boil egg**  **3 wheatcrackers**  **1/2 cup bannas**  **4-6oz 1% milk** | **3/4cup oastedoat**  **1/2 cup orange**  **4-6oz 1% milk** |  |
| **Week 19-23** | | **¾ cup toasted oat**  **½ cup bannas**  **4-6oz 1%milk** | **¾ cup branflake**  **½ cup apple**  **4-6oa1%milk** | **½ bran muffin**  **1/2 cup bannas**  **4-6oz 1% milk** | **¾ cup oatmeal**  **½ cuppeaches**  **4-6oz 15 milk** | ***3/4 cup branflake***  ***½ cup p-apple***  ***4-6 oz 1%mill*** |  |
| **WEEK 26- 30** | **¾ CUP TOASTED OATS**  **½ cup orange**  **4-6 oz 1% milk** | | **1 sl wafer**  **½ cup bannas**  **4-6oz 1% milk** | **1 scamble egg**  **3 wheat crackers**  **½ cup appleslice**  **4-6 oz 1%milk** | **1 sl pancake**  **½ bannas**  **4-6 oz 1% milk** | **¾ cupcrispyrice**  **½ bannas**  **4-6oz1%milk** | ***21 DAYS BREAKFAST*** |